

Teacher/Adult's Side (1)

Recipe Card - KS1 English

Liverpool
Biennial

The Learner will discover Jorge Mena Barreto's artworks involving local plants and herbs, using a recipe for lavender ice cream to practise their handwriting.

Estimated time = 30 minutes

Curriculum Extract:

Handwriting

Pupils should be taught to:

- Begin to form lower-case letters in the correct direction, starting and finishing in the right place
- Form capital letters
- Form lower-case letters of the correct size relative to one another
- Start using some of the diagonal and horizontal strokes needed to join letters and understand which letters, when adjacent to one another, are best left unjoined
- Write capital letters and digits of the correct size, orientation and relationship to one another and to lower-case letters
- Use spacing between words that reflects the size of the letters

Key Terms:

- **Society** - The members of a community or group together.
- **Ecosystem** - An ecosystem is made up of all of the living and non-living things in an area.
- **Natural** - Not made by humans.
- **Environment** - The environment is everything around us. All our surroundings including the air, soil, water, plants, and animals make up the environment.
- **Lavender** - A strong-smelling plant of the mint family with pale purple flowers.
- **Dissolve** - To mix completely with a liquid (for example, when a spoon of sugar is mixed into in a cup of tea).
- **Infuse** - To put something in hot water for some time so that the water absorbs the flavour (for example, when you put tea in hot water, you infuse the flavour of the tea leaves into the water).

Child/Learner Side (2)

Recipe Card - KS1 English

Liverpool Biennial

Artist:

Jorgge Menna Barreto

Practice:

Brazilian artist Jorgge Menna Barreto creates projects which look at food, society and nature.

Using wild plants growing in Liverpool, Jorgge Menna Barreto made a special dandelion ice cream in 2019. By making an ice cream using plants and herbs that grow around us, the artist asks us to use our bodies to connect to the ecosystems we belong to.

What do you think dandelion ice cream would taste like?

LB2021 Project Description:

Jorgge Menna Barreto's new work 'Mauvaise Alphabet' (2021) shows us drawings of common weeds found in Liverpool, creating a community of plants which are mostly invisible and sometimes unwanted - even though they play an important role in the ecosystem. This work makes us think about our relationship with the natural environment, just like his ice cream project.



Jorgge Menna Barreto - Dandelion Flowers Ice Cream, LightNight 2019

Activity Instructions:

1. Read the ingredients list for lavender ice cream below.
2. Copy the ingredients list and practise your best handwriting.
3. When you have finished writing, draw a picture of you enjoying your ice cream underneath your ingredients.
4. Think about what other kinds of plants we could use to make ice cream - with an adult, have a look around your garden or local park for inspiration!
5. If you like the sound of lavender ice cream, see the instructions on how to make it on page 5 and you can create your very own batch!

Materials:

- Pen
- Paper

Recipe for Lavender Ice Cream

Ingredients

Lavender Milk

- 85g sugar
- 30ml water
- Lavender flower buds
- 250ml milk

Ice cream

- 4 egg yolks
- 60g sugar
- 250ml heavy cream



Method

1. Dissolve 85g of sugar in 30ml of water with the lavender flowers, and then cook to caramel.
2. Add 250ml of milk to this, then stir until the caramel dissolves in the milk. Leave to infuse for 30 minutes.
3. Meanwhile, beat 4 egg yolks with 60g of sugar until thick and creamy, then strain the lavender milk into this.
4. Heat slowly in a pan to make a custard which will coat the back of a spoon. Leave to cool.
5. Whip 250ml of heavy cream lightly, then fold into the cold custard.
6. Put in the freezer to harden overnight.
7. Enjoy eating your delicious ice cream!